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Yoga studio offers special classes for mothers to be

Karma Yoga in Bloomfield Hills has expanded its family yoga repertoire by offering classes for soon-to-be mothers beginning Mother's Day week.

The new prenatal yoga classes — The Khalsa Way, Mindful Mamas, and Dig Prenatal Yoga — are free this Tuesday for the inaugural session. For subsequent classes, pregnant women can choose to pay the \$18 walk-in fee, the 12-week series package at \$175 or the 24-class package at \$275. Classes will run at 11 a.m. Tuesdays and Thursdays and 1 p.m. Saturdays at the studio at 3683 W. Maple Road.

Later this month, Karma Yoga will add a Mommy & Me class with offerings for expectant dads.

For more information, call (248) 723-9168 or visit www.karma-yoga.net.

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